

# New call-in service simplifies self-care for diabetics

**Diabetes Coach™ is a software that helps people with diabetes to change and improve their lifestyle. Now Nodensa AB is taking the next step towards making the daily life of diabetics simpler and introduces a totally new, patented call-in service for using the program.**

“We want to lower the threshold to using the computer as an aid for changing lifestyle.” Martin Ohlsson, product manager for at Nodensa AB describes.

The program helps you manage your diagnosis by checking and monitoring important factors including blood sugar and lifestyle. You receive a clear overview of your daily diet and exercise and see that it is what you do yourself for your lifestyle that influences your health positively. Even the team of doctors and nurses you meet in care can follow your development in DiabetesCoach. The service is internet-based so if you have a connection, your can improve your health from any place.

## **The telephone helps you to remember.**

In the evenings when you go to enter the meals eaten during the day in DiabetesCoach™ you may have forgotten what you ate for lunch. But now with the new call-in service, it will be simpler. By calling a local number from your mobile you can write a continuous diary of the day and in the evening, you simply transfer information to the programme.

“In the longer run, the whole process will be automated. The method is totally new and will revolutionize the way of using computer support within care,” states Martin Ohlsson.

## **Link:**

[www.diabetescoach.eu](http://www.diabetescoach.eu)

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## **ABOUT:**

*Nodensa is a global healthcare solutions company - our fusion of innovative IT and medical technology allows us to enhance public health and the quality of peoples' lives. Nodensa has operated since 2006 from its headquarters in Stockholm, Sweden. For more information, visit Nodensa online at [www.nodensa.com](http://www.nodensa.com)*

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